

Guru Dev Singh in Hamburg!
Invitation for May 11th to 13th 2012
„Numerology und symbols – application for Healing“

Friday, May 11th, 19:30 h

Open house with Guru Dev Singh, cost 20 Euro

Topic: " Numerology: a matter of belief or practical experience?"

How do belief systems and experience interrelate in the age we are entering? How can we view the world positive without romanticizing it? How can we use language and other symbologies to experience life more consciously? Guru Dev Singh will share meditations or yoga exercises and respond to questions.

Earlier on the same evening 18:15-19:15h

Short introduction into yoga-numerology with Fateh Singh.

Language: German. Cost: 25 Euro for the entire evening.

Fateh Singh gives an introduction to the 10 bodies and the basic calculations of the personal numerology. This serves as a helpful preparation for the weekend course.



May 12th & 13th from 9-17 h (9h to 10h yoga)

Weekend intensive Sat Nam Rasayan with Guru Dev Singh

Topic: Numerology and symbols.

Numerology is one possibility to train the conscious perception. In Sat Nam Rasayan one can research what are the effects and tendencies of numbers and combinations of numbers.

The numbers itself do not have any power, we can just use them as symbols or archetypes.

This class does not require prior knowledge about numerology. Guru Dev has recommended though to attend the introduction on Friday at 18:15h or to get some basic knowledge about yogic numerology (for classes see www.yoga-rahlstedt./num/).

From 9h to 10h yoga is taught as preparation for the class.

Cost: 200 Euro for both days. 100 Euro for one single day. Condition for the participation on Sunday is the participation on Saturday or advanced experience of Sat Nam Rasayan.

LOCATION: St. Michaelis Kirche (Church), „Bachsaal“

Address: Krayskamp 4, 20459 Hamburg.

Bring your mats and blankets, the floor is wood!

By train: Hamburg-Hauptbahnhof

With public transport:

S3 or S1 (city train - purple or green line) station: Stadthausbrücke, exit „Michaelisstrasse“.

(Make sure to catch the trains passing through “Jungfernstieg” and not the S31 or S11)

The S1 also connects directly to the airport.

U3 (subway - yellow line) station: Baumwall

Bus: Line 37 (Michaeliskirche) or line 112 (Museum für Hamburgische Geschichte).

By car: there is no free parking. Underground parking „Michel-Tiefgarage“, Address: Schaarmarkt, 20459 Hamburg. Parking fee 2€ per hour, max 13€ per day.

Accommodation:

In the new location it is NOT possible to sleep.

Many hotels are nearby.

Youth hostel: DJH Jugendherberge Hamburg "Auf dem Stintfang" , 7 min walking distance.

For private accommodation please inquire with Heike von Postel, Tel. +49 40-619572

Further information:

Website www.sat-nam-rasayan.de/hamburg

Har Darshan Kaur Tel. +49 40 - 494 527 (appointments Guru Dev Singh are FULLY BOOKED)

Seva Kaur Tel +49 40 - 555 70 206

Email: hamburg@sat-nam-rasayan.de

Guru Dev Singh's next visit in Hamburg: Nov 9th -11th 2012

Subject to change! Find latest course infos here online: www.sat-nam-rasayan.de/hamburg/

Last update: 26.1.2012