Guru Dev Singh in Hamburg 6 - 8. May Welcome to the Sat Nam Rasayan Intense Weekend Topic: "Intuition"

"Through meditation, you can calm the mind and develop Your intuition to recognize what is real and important to you" (Yogi Bhajan)

Friday, May 6, 19:30 h

Open house with Guru Dev Singh, cost 20 Euro Tonight Guru Dev Singh will share meditations and yoga exercises to develop your intuition.

Earlier on the same evening 18:15-19:15h

Introduction with Fateh Singh. Language: German! Cost: 25 Euro for the entire evening. This serves as a helpful preparation for the weekend course.

Saturday and Sunday from 9-17 h (9h to 10h yoga) Weekend intensive Sat Nam Rasayan with Guru Dev Singh

Topic: "Intuition" in the healing. In Sat Nam Rasayan we use only the awareness and the neutral projection; no energy is transferred. This class does not require any prior knowledge or experience. **Cost:** 200 Euro for both days, 100 Euro single day. Precondition for the participation on Sunday is the participation on Saturday or advanced experience of Sat Nam Rasayan.

LOCATION: St. Michaelis Kirche (Church), "Bachsaal"

Adress: Englische Planke 1, 20459 Hamburg. Bring your mats and blankets; the floor is made of wood!

By train: Hamburg-Hauptbahnhof with public transport: S3 or S1 (city train - purple or green line) station: Stadthausbrücke, exit "Michaelisstrasse". (Make sure to catch the trains passing through "Jungfernstieg") The S1 also connects directly to the airport. U3 (subway - yellow line) station: Baumwall

Accommodation:

In this location it is not possible to sleep. Many hotels are nearby, please book early! Youth hostel: DJH Jugendherberge Hamburg "Auf dem Stintfang", 7 min walking distance. For available private accommodation please inquire to: hamburg@sat-nam-rasayan.de

Further information:

Website www.sat-nam-rasayan.de/hamburg Seva Kaur Tel +49 40 - 555 70 206 Email: hamburg@sat-nam-rasayan.de

Many Greetings your Orga Team from Hamburg

